

CALENDAR LISTING CONTACT: James Trapasso (914) 941-2416 ext. 327 – <u>jtrapasso@wlsmail.org</u> www.ossininglibrary.org

# MAY PROGRAMS FOR ADULTS AT THE OSSINING PUBLIC LIBRARY

## Art Exhibit (Main Gallery):

- Ossining School District Annual Art Exhibit Grades K-12.
- Opening Reception (First Night Elementary Grades): Wednesday, May 2<sup>nd</sup>,6-8 p.m.
  Opening Reception (Second Night Middle & High School Grades): Thursday, May 3<sup>rd</sup>, 6-8 p.m.

## Tuesday, May 1<sup>st</sup> at 12:30 p.m.

## **Bodies in the Library Book Group**

The book to be discussed is titled "Broken" by Karen Fossum (Norway). Feel free to bring your lunch also. Copies of the book are available at the Information Desk. *FREE. In the Budarz Theater.* 

Wednesday, May 2<sup>nd</sup> at 4 p.m.

Thursday, May 3<sup>rd</sup> at 4 p.m.

## Friends Children's Book Sale

The Friends of the Ossining Public Library will hold their annual children's book sale during the Ossining School District Annual Art Show opening receptions. Get great books at bargain prices.

In the Budarz Theater.

# Saturday, May 5<sup>th</sup> at 2 p.m.

#### **Chuno – Vocal Duet Concert**

Celebrate Cinco de Mayo at the library featuring Franco Pinna, Percussionist and Sofia Tosello, Vocalist. All are welcome to attend. *FREE. In the Budarz Theater.* 

## Sunday, May 6<sup>th</sup> at 2 p.m.

## Sunday Afternoon Concert Series – Alexis Cole

Called "one of the great voices of today," by Jonathan Schwartz, Alexis Cole has been compared to classic jazz singers such as Sarah Vaughan and Anita O'Day. She's performed with the Boston Pops and New York Philharmonic. Alexis can be seen at top jazz venues like Jazz at Lincoln Center, Birdland, and Billboard Live, Tokyo. Cole is the recipient of a Swing Journal Gold Disk award, and was a winner of the NY Jazzmobile and Montreux Jazz Festival vocal competitions, and a finalist of the Sarah Vaughan Competition. Alexis is an accomplished recording artist, having released eleven recordings to much critical acclaim. She heads the jazz voice program at SUNY Purchase. Alexis will be appearing with David Finck on bass and Kenny Hassler on drums. Don't miss it! *FREE. In the Budarz Theater.* 

## Thursday, May 10<sup>th</sup> at 7 p.m.

## Thursday Evening Book Discussion Group

The book to be discussed is titled "A Voyage Long and Strange: On the Trail of Vikings, Conquistadors, Lost Colonists, and Other Adventures in Early America" – By Tony Horowitz. Copies of the book are available at the Information Desk. *FREE. In the 2<sup>nd</sup> floor Conference Room.* 

## Saturday, May 12<sup>th</sup> at 11:00 a.m.

## **Reflexology – Putting Your Best Foot Forward**

Reflexology offers deep relaxation, stress relief, pain reduction, and improved sleep, in addition to other positive effects. Instructor, Cathleen Bonvento, is a board certified Advanced Holistic Nurse specializing in relaxing and rejuvenating the body, mind and spirit. Registration is preferred but not required. Walk-ins are welcome. To register please call 914-941-2416 ext. 327 or

#### jtrapasso@wlsmail.org.

FREE. In the 2<sup>nd</sup> floor Conference Room.

Monday, May 14th at 10 a.m. – 4:30 p.m. AARP Smart Driver Course In order to receive credit participants must attend the entire day. Registration is required and closes on Monday, May 7<sup>th</sup>. To register please find and complete the form located on the library website or copies can be found in the building. The course fee is \$20.00 for AARP members and \$25.00 for non-members. *In the Budarz Theater.* 

# Wednesday, May 16<sup>th</sup> at 6:30 p.m.

**Spring Film Series – Resistance in the Streets (Three Visionary Directors)** The second film in this series is titled "Do the Right Thing" – Directed by Spike Lee (1989). This film stars Ossie Davis and Ruby Dee and is 120 minutes in length. *FREE. In the Budarz Theater.* 

## Thursday, May 17<sup>th</sup> at 6:30 p.m.

## The Ossining Documentary & Discussion Series

This series continues with the film "Midsummer in Newtown." For more information on the films and the series please visit www.ossiningdocumentaries.org.

FREE. In the Budarz Theater.

Saturday, May 19<sup>th</sup> at 10 a.m.

## **Dyslexia Presentation**

Suzanne Buchauer MA in Education will present on "How people of all ages can correct reading, math and ADD/ADHD challenges, naturally and drug free." Based on the book "The Gift of Dyslexia" by Ronald Davis. This presentation will discuss the following: What is Dyslexia? A strength based and groundbreaking definition. Picture Thinkers vs. Word Thinkers, What is Disorientation? Please join us for a Q&A session to follow. All are welcome to attend. Registration is preferred but not required. Walk-ins are welcome. To register please call 914-941-2416 ext. 327 or jtrapasso@wlsmail.org.

FREE. In the 2<sup>nd</sup> floor Conference Room.

## Monday, May 21<sup>st</sup> at 7 p.m.

## **Board of Trustees Monthly Meeting**

This is the regular monthly meeting of the library board of trustees and is open to the public. All are welcome to attend.

FREE. In the Directors Office.

Wednesday, May 23<sup>rd</sup> at 7 p.m.

## **Open Mic Night**

Have you written poetry? Or a short story? Or perhaps would like to read some of your memoirs? Then come to our open mic night! Sign-up is at the door and is first-come, first-served. You are more then welcome to join us and just sit and listen in the audience. This is for the spoken word ONLY. No singing please. *FREE. In the Budarz Theater.* 

## **On-Going Programs**:

On-Going Mondays at 5-8 p.m.

May 7,14,21,28

## **Computer Classes**

Free drop-in, hands-on assistance with online applications, email accounts and more. 5-7 p.m. is in English and 7-8 p.m. is in Spanish. Feel free to bring your own laptop. Registration is required. Any questions or to register please call the Reference Desk at 914-941-2416 ext. 320 or ext. 326. *FREE. In the 2<sup>nd</sup> Floor Conference Room.* 

On-Going Mondays at 7 – 8:15 p.m.

May 7,14,21,28

## Beginner Yoga

Pre-registration is <u>not</u> required. For more information please contact the Teen Room at 914-941-2416 ext. 336. This program is for Teens and Adults. Please bring a yoga mat and blanket. Yoga is taught by trained yoga instructor Catherine Riedel.

FREE. In the Budarz Theater.

On-Going Tuesdays at 1:30 p.m. May 1,8,15,22,29

# Memoir Writing Class

Come and learn the art of memoir writing. The instructor, Catherine Wald, is a professional writer and poet. Catherine will teach you the process, the art of organizing your thoughts and delivery. Some assignments will be given as well. Registration is required. To register please call 914-941-2416 ext. 327 or email jtrapasso@wlsmail.org.

FREE. In the 2<sup>nd</sup> floor Conference Room.

On-Going Tuesdays (Every other Tuesday) at 10:15 a.m. May 1,15,29

## **Breaking News Discussion Group**

Come to the library and discuss the latest news in politics with your fellow community members. This group is facilitated by Jay Forbes. Registration is required. To register please call 914-941-2416 ext. 327 or email <u>jtrapasso@wlsmail.org</u>.

FREE. In the Budarz Theater.

On-Going Tuesdays & Thursdays at 10:15 a.m. – 1:15 p.m.

May 1,3,8,10,15,17,22,24,29,31

# **ESL Class**

This English as a Second Language class is offered all throughout the year at the library through Westchester Community College. Open registration day's vary per semester. For more information on the class please call 914-606-5656 or email at LibraryESL@sunywcc.edu.

\*WCC Fee \$20 (no cash) money order or check – pay at registration. Book fee is \$39.\*

On-Going Tuesdays & Thursdays at 1-4 p.m. May 1,3,8,10,15,17,22,24,29,31

## Mah Jongg Group

This is an informal get-together of intermediate and advanced players. There is no assigned instructor for beginners, but if you have a fundamental knowledge of the game, the group will help you to improve your play. Tuesdays is "Tournament Day" and registration is necessary. Thursdays is regular drop-in play day and there is no registration required for Thursdays.

FREE. In the Art Gallery/Lower Level.

On-Going Wednesdays at 3:30 p.m.

May 2,9,16,23,30

## Spanish Conversation Group

At this Spanish Language meet-up, you'll meet new amigos as you practice speaking. Discover new phrases and finally figure out verb conjugations. Meet locals who share an interest in Spanish Language & culture for conversation and

fun. This group is geared toward intermediate to advanced Spanish learners, but beginners are also welcome. Instructor is Guillermo Rodriguez. No registration is required.

FREE. In the 2<sup>nd</sup> floor Conference Room.

On-Going Wednesdays at 6:30 p.m.

May 2,9,16,23,30

## **English Conversation Group**

For English as a Second Language Learners. Practice speaking and listening in a relaxed, social environment. No registration needed. *FREE. In the 2<sup>nd</sup> floor Conference Room.* 

On-Going Wednesdays at 7 p.m.

May 2,9,16,23,30

# SCORE – Small Business Assistance

SCORE is a national non-profit association that provides advisory and small business mentoring services for people looking to start or grow a small business. If you are looking for help, meet with a representative of the organization at the library. Appointments are available on Thursdays at 7 PM or 8 PM and MUST be made with SCORE on their website, www.scorewestchester.com, or by phone at 914-948-3907. Mr. Keating, the volunteer, will meet with his appointments in the cafe area.

FREE.

On-Going Thursdays at 1:30 p.m.

May 24 & 31

# **SBIC - Senior Benefits Information Centers**

Do you have questions about Medicare or other senior benefits? Well help is here for you the last two Thursdays each month. This program is for adults ages 60 and older, and those caring for the elderly, will achieve a better understanding of Medicare health plans and prescription drug coverage. Information and counseling is provided about different types of government programs, including federal and state financial assistance programs, and county-wide benefits. This program is offered by the Westchester Library System.

FREE. In the 2<sup>nd</sup> floor conference room.

On-Going Thursdays at 6:30 p.m. (First Thursday of every month) May 3rd

## TASC Connect Group/High School Equivalency Program

This group will meet on the first Thursday of each month. Want to get a High School Equivalency Diploma? Our staff and volunteers are available to help you understand and prepare for the TASC exam. This service is provided by Westchester Library System. Want to know more? Send your email and phone number to <u>TASC@wlsmail.org</u> or call (914) 231-3264. *FREE.* 1<sup>st</sup> *Floor Study Room.* 

On-Going Thursdays at 4:30 p.m. May 3,10,17,24,31 **Checkmate Chess Academy** Come and play your favorite game of chess. For all ages.

FREE. In the Teen Room

On-Going Fridays at 4:30 p.m.

# May 4,11,18,25

## Mindfulness Class

This weekly mindfulness series has two alternating formats. The meditation format relaxes the mind and body and the In Daily Life format looks at practical ways to reduce stress, improve health, overcome fear and anxiety. The class also covers tips on how to problem solve and use techniques. This class is open to all. *FREE. In the 2<sup>nd</sup> Floor Conference Room.* 

On-Going Saturdays at 9:30 a.m.

May 5,12,19,26

## **Beginner Yoga**

Pre-registration is <u>not</u> required. For more information please contact the Teen Room at 914-941-2416 ext. 336. This program is for Teens and Adults. Please bring a yoga mat and blanket. Yoga is taught by trained yoga instructor Catherine Riedel.

FREE. In the Budarz Theater.

On-Going Saturdays at 1 p.m. **Puzzle Making for Adults**  Like to put puzzles together? Then this is the group for you. A group meets every Saturday and puts various puzzles together. Any questions please call 914-941-2416 ext. 327.

FREE. In the Art Gallery/Café Areas

# About the Ossining Public Library

The Ossining Public Library is a School District Library chartered by the State of New York to serve all residents of the Ossining School District. As a member of the Westchester Library System, it also provides services to a larger community.

OPL's mission is to provide easy and equal access to the broadest range of information and ideas of humanity in order to meet the educational and intellectual needs of the diverse members of our community, while enriching their social and cultural lives.